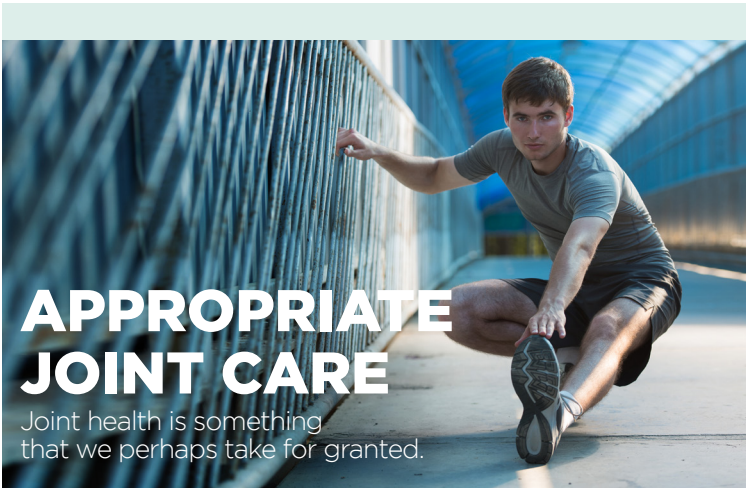


QUALITY

LIFE STARTS WITH **QUALITY CARE**

FEATURING: JOINT CARE • BOOST YOUR MUSCLE HEALTH • PRESERVING YOUR BONES AND JOINTS



APPROPRIATE JOINT CARE

Joint health is something that we perhaps take for granted.

Frequent joint pain, stiffness, and inflammation can become a common part of days of active individuals. The training loads associated with participation in (endurance) sports induces extreme loading on the body including stress on our muscles, tendons, ligaments and joints. Day-to-day wear and tear maybe evident in physically active individuals and in many cases, this can progress to significant joint injuries.

Recent studies has found that with the rising trend of increasingly active population, joint problems are now more prevalent at a younger age than how it was seen as a common problem amongst the older generation. Hence, treat your joints well by eating a healthful diet, exercising regularly, maintaining a healthy weight, and adding a supplement or two to your daily routine!

Kordel's Natural Eggshell Membrane with kd-pür® is a proprietary blend of **NEM® Natural Eggshell Membrane** and highly superior fish oil that has great anti-inflammatory benefits for joints. **NEM® Natural Eggshell Membrane** is a highly regarded product that is supported with published safety and efficacy studies for treatment of pain and inflexibility associated with joint and connective tissue (JCT) disorders.

Studies have shown supplementation of 500 mg once daily reduced pain within 7 to 30 days, demonstrating that JCT patients may benefit from **NEM®** supplementation. Being the only oil based joint supplement in Singapore, it also naturally contains key building blocks for cartilage and connective tissue, including collagens, hyaluronic acid and other glycosaminoglycans to relieve joint pain and stiffness associated with osteoarthritis and supports overall joint health.

To find out more information on **NEM® Natural Eggshell Membrane with kd-pür®**, please visit www.kordels.com.sg

KORDEL'S
NEM® NATURAL EGG SHELL MEMBRANE
with kd-pür®

Kordel's Natural Eggshell Membrane with kd-pür® is a proprietary blend of **NEM® Natural Eggshell Membrane** and **kd-pür® Omega-3 EPA and DHA** of high purity and high concentration with published safety and efficacy studies for optimum joint health.

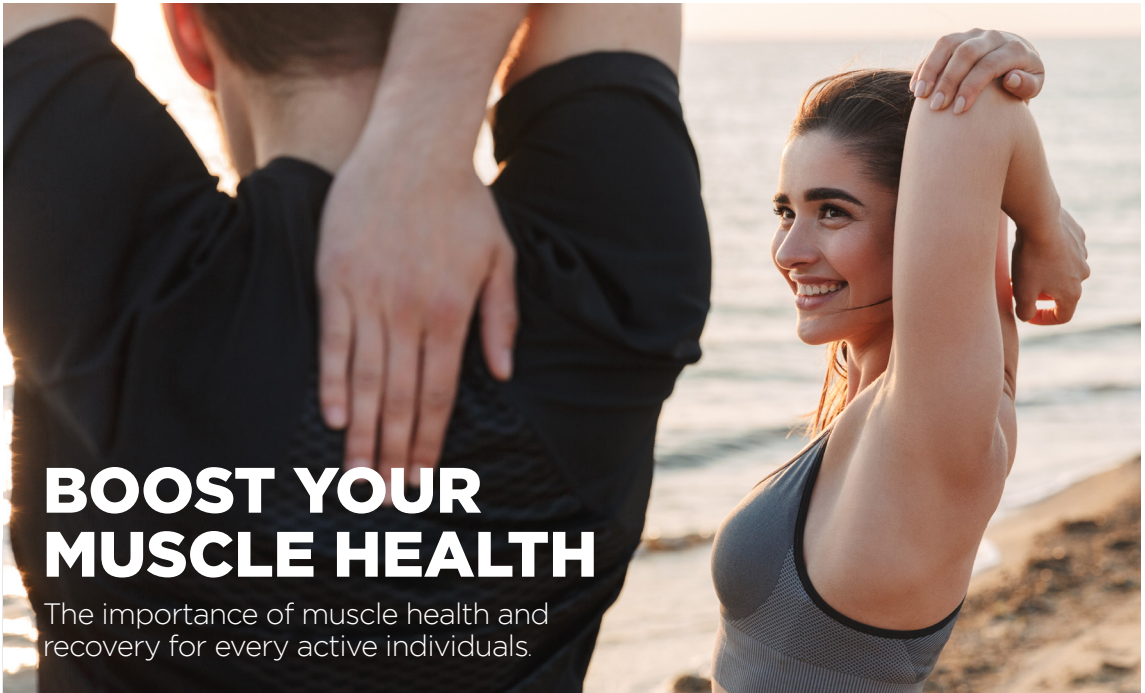
NEW LAUNCH

Lady, Be Loved!

CERAMIDE & SAKURA EXTRACT

SAKURA EXTRACT 150mg
花桃カゼミド
• COLLAGEN FORMATION
1 BOX 30 TABLETS

CERAMIDE
米垢カゼミド
• SKIN RENEWAL
1 BOX 30 TABLETS



BOOST YOUR MUSCLE HEALTH

The importance of muscle health and recovery for every active individuals.

Exercise is great for health but it can also put a lot of strain on the body. Exercise can lead to production of lactic acid, oxidative stress can contribute to reduced capacity, fatigue and a depletion of muscle tissues due to strenuous, prolonged muscle work. You may eat a healthy, well-balance diet but still fall short of needed nutrients your body require hence supplements have a beneficial role in our nutritional playbook for post-exercise recovery.

The musculoskeletal system consists of bones, muscles, and joints so changes in any of these can affect your posture and walk, and lead to weakness and slowed movement. A growing body of evidence shows that supplements are key players in sports performance regimen or as a-needed basis for muscle health and recovery.

Kordel's AstaReal® Natural Astaxanthin 12 mg, is an all-natural algae-derived (*Haematococcus pluvialis*) high strength astaxanthin formula that helps support healthy muscle function and assist energy production.

Natural astaxanthin, both a powerful antioxidant and a potent anti-inflammatory, is also known to improve muscle endurance through its ability to support muscle function and improve aerobic power. In studies, natural astaxanthin has also been found to reduce lactic acid build up and decrease fatigue.

In essence, benefits of **Kordel's AstaReal® Natural Astaxanthin 12 mg** for muscle performance includes:-

- Boosts muscle endurance and recovery
- Lowers lactic acid and fatigue
- Reduces muscle damage and inflammation
- Improves blood flow and the quality of red blood cells
- Enhances fat metabolism by improving mitochondria function

Time to start using **Kordel's AstaReal® Natural Astaxanthin 12 mg** to get back to building muscles while preventing joint damage, pain free.

KORDEL'S
**ASTAREAL®
NATURAL
ASTAXANTHIN
12 mg**

Kordel's
AstaReal®
NATURAL
ASTAXANTHIN
12mg
30 SOFTGEL CAPSULES

To find out more information on Kordel's AstaReal® Astaxanthin, please visit <http://www.kordels.com.sg>

PRESERVING YOUR BONES & JOINTS

Nourishing your joints and bones is key to staying flexible and mobile as you age to support healthy, active lifestyles.

One health is something that we perhaps take for granted. In our younger years, everything works the way it is supposed to. But as aging takes its toll, stiff, tight, immobile joints can wreak havoc on your body. If you experience any sort of injury, this can exacerbate the problem further. Healthy nutrition and regular physical activity are key and should take priority. Beyond that, you can give your body a serious boost with supplements. Stiff, achy joints and brittle bones don't have to be an inevitable part of aging. Natural supplements and nutrients can help keep us strong.

Kordel's High Strength Glucosamine 1500 + Curcumin is a unique, convenient high strength one-a-day, formulation that has a dual action to help rebuild cartilage and maintain strong, healthy joints. Glucosamine stimulates the formation of key components of cartilage, reduces joint pain, and protects against cartilage deterioration from chronic joint diseases whilst the added Curcumin has powerful anti-inflammatory, antioxidant, and antimicrobial properties that support neurological, cardiovascular, and joint health. Taken once a day, the supplement has great fast action benefits to give the body all the essential nutrients it needs.

Kordel's Glucosamine 300 + Chondroitin + MSM consisting of three potent ingredients of an optimal ratio of 300 mg glucosamine sulfate to 300 mg of MSM and 240 mg Chondroitin Sulfate combined to provide comprehensive joint support. Glucosamine and chondroitin are essential components of joint tissue involved in the production of hyaluronic acid that lubricates the joints; with MSM a sulfur-containing compound that supports tendons and muscles and pain-relieving and anti-inflammatory properties, our **Glucosamine 300 + Chondroitin + MSM** formula supports healthy joints and a quality active lifestyle.



ABOUT KORDEL'S



Kordel's Founder

Dr. Lelord Kordel (1904 – 2001) founded the Kordel's brand of health supplements in 1949. Dr. Kordel was a Polish-American nutritionist who authored many bestselling books on healthy living.

He strongly advocated the concept of healthy living and balanced nutrition, gaining a wide circle of followers, who sought his advice on staying healthy and looking good.

His efforts to empower people to take charge of their health by understanding the benefits of healthy nutrition and supplementation resulted in the improvement of the health and quality of life of users of Kordel's products throughout the world.

GRAB YOUR KORDEL'S PRODUCTS AT

PHARMACY CHAIN STORES

Guardian
Unity
Watsons
Welcia BHG

DEPARTMENT STORES

Metro
Mustafa
OG
One Assembly
Yue Hwa Chinese Products

MAJOR INDEPENDENT/ MEDICAL HALL

Chong Hoe Medical
Fook Choon Won Kee
Grace Healthcare
Thye Hin Hoe
Vitatron

MAJOR HOSPITALS

Changi Hospital
Farrer Park Hospital
Khoo Teck Puat
Mount Alvenia
Ng Teng Fong
Raffles Health
Tan Tock Seng

MAJOR ONLINE RETAILERS

Doctor Anywhere
Lazada
Mummysmarket
NTUC Market Place
Nuvanta
Prime (Amazon)
Qoo10
Shopee
Zalora



VISIT OUR WEBSITE

Lady, Be Loved!

**KORDEL'S CERAMIDE &
SAKURA EXTRACT 150 mg**

NEW

Kordel's



**SAKURA EXTRACT
150 mg**
花咲く桜

■ COLLAGEN FORMATION

1 X DAY 30 TABLETS

Kordel's



CERAMIDE
米ぬかセラミド

■ SKIN RENEWAL

1 X DAY 30 TABLETS

FIRMER, FAIRER SKIN

- Collagen formation for firmer skin
- Whitening effects
- Rich in antioxidants
- Defence against skin damaging factors like UV radiation, free radicals, and the passage of time

SMOOTH, SILKY SKIN

- Reinforces the skin's barrier, limiting moisture loss
- Protection against visible damage from pollution
- Reduces fine lines for supple skin

ORDER ONLINE OR PURCHASE IN STORES

NOW AVAILABLE AT



OG

ONE
Assembly
A BHD X RAFFLES CITY COLLAB

Unity

watsons

welcia BHD

AND OUR ONLINE STORES