

QUALITY

LIFE STARTS WITH QUALITY CARE

FEATURING: THE VITAMIN MENU • BLACK IS STILL THE NEW BLACK • FUN FACT, GREAT TIPS & WIN!



EAST OR WEST, WHY NOT BOTH?

Getting back into balance with a balanced approach to supplements.

For thousands of years, Chinese herbs have been used for their medicinal properties to treat diseases and improve general health. With that said, it comes to no surprise how there is an increased popularity use of Chinese herbs in western supplements.



CORDYCEPS with French OPCs

Cordyceps has long been used to enhance immunity and keep the lungs, kidneys and respiratory system healthy. OPCs extracted from French green grape seeds, are potent free radical scavengers to help protect cells from damage.

- Nourishes and strengthens lungs and kidneys.
- Supports healthy immune function and healthy respiratory system.
- Promotes healthy blood pressure and cardiovascular well-being.



RED GINSENG with Quercetin

Red Ginseng possesses multiple health benefits to replenish qi, increase energy levels, and promote blood circulation. Quercetin is known as the queen of natural flavonoids (plant pigments) with powerful antioxidants and anti-inflammatory properties.

- Helps regulate blood circulation and oxygen flow.
- Fights stress and fatigue, and revitalises body for optimal energy.
- Boosts the body's immunity.



DETOX CLEANZE formulated with Aloe Vera and Prebiotics

Together Aloe Vera and Prebiotics supports a healthy digestive system, regulates bowel movements and detox gently yet effectively.

- Reduces digestive problems and helps eliminate toxins and waste from the body.
- Slows down absorption of sugar and supports healthy cholesterol levels.
- Assists in weight management.



THE VITAMIN MENU

Are you going for à la carte or the set?

Having to juggle work, family and personal social life can be stressful, it is more important than ever to equip your body with sufficient amount of nutrients, vitamins and minerals to keep it functioning at an optimal level.

Yet many of us are not eating a well-balanced diet to meet our body's nutritional needs, not to mention those with additional nutritional requirements. At times, supplements help you to address a nutrient shortfall.

Nutritional needs differs from individuals to individuals. When it comes to supplementary care, factors such as lifestyle, age and general needs plays a part in your choice and needs for the right supplements. There is no one definite solution for all.

If you do know what your body needs, going à la carte on your

vitamins makes sense. You get to pick those vitamins that you are lacked of or getting the right supplements that suits your general lifestyle. For example, greater joint care needs for the active or more vitamins for the young etc.

However, many of us do not have enough nutritional knowledge to make our selection. Daily multivitamins can help you fill nutritional gaps and meet the recommended daily levels of nutrients for optimal health and energy level, especially when it comes to under-consumed nutrients like Vitamins A, C, D, E and K, Calcium, Magnesium and dietary fibre.

Whatever your choice, your supplement(s) should provide your body with the essential nutrients it needs.

KORDEL'S PICK



JUST A CAPSULE DAILY

THE ALL-IN-ONE

SUPERFOOD MULTI

- Over 55 essential nutrients, vitamins and minerals from 28 whole food, fruits and vegetable sources, all packed into one vegetal capsule.
- Packed with antioxidants and flavonoids to keep heart, immune system, bones and muscles healthy.
- Includes easily absorbed form of nutrients such as Vitamin K2, Vitamin D3 and Magnesium in a superfood blend to meet your daily nutritional requirements.



THE ESSENTIAL OMEGA AND VITAMIN FIX

iTG OMEGA 3 + VITAMIN D

- The à la carte support for eye, brain and cardiovascular health, and healthy bones.
- Obtained from anchovies and sardines, highly purified with a superior absorption rate in the body.
- High EPA and DHA concentration of up to 80%.



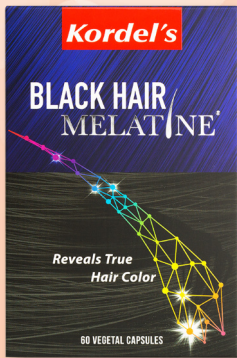
THE VEGAN FRIENDLY OMEGA

AHIFLOWER®

- 100% vegan.
- Complete and balance source of plant-based omega 3-6-9 essential fatty acids (EFAs) for skin, cardiovascular and brain health.
- Scientifically proven to deliver EFAs needed to support a healthy body and mind.

BLACK IS STILL THE NEW BLACK

2 capsules a day for 4 months for best results.



Whether we like it or not, getting grey hair is part of the natural ageing process when hair follicles start to make less melanin. While some embrace grey hair graciously, the lighter hue of black does make one look significantly older. Hair generally turns grey as it stops producing color pigment as we age.

Kordel's Black Hair Melatine® is an all-natural oral supplement that uses Melatine®, a patented keratin hydrolysate that naturally contains melanin extracted from black sheep wool. With this key ingredient and other supporting nutrients such as Biotin, the supplement is formulated to strengthen, promote and maintain healthy, lush and dark hair. This supplement has 96% absorption rate and is a non-drug, natural and non-hormone supplement that could just be the perfect solution for you to achieve dark colored hair.



Research has shown that regular consumption of Melatine® can prevent premature greying.**

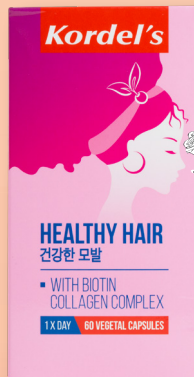
- 94% of subjects generally liked the product.
- 87% found their hair more colorful.
- 84% want to continue using the product.

MUST-HAVE HAIR ESSENTIALS FOR HIM AND HER!

Every individual craves for healthy and beautiful, lustrous locks that will not diminish with age. Give your hair the right and adequate supplementation care to ensure longevity to stronger and healthier hair in the years to come.



HAIR GROWTH FOR MEN
For Thicker Fuller Hair



HEALTHY HAIR
For Strong Healthy Hair

BIG BENEFITS OF THESE HAIR ESSENTIALS

NOURISH SCALP
Promotes a healthy environment for optimal hair growth.

HAIR FORMATION
Stimulates keratin production and promotes healthy hair follicles.

REDUCE BREAKAGE
Strengthens weak and brittle hair strands.

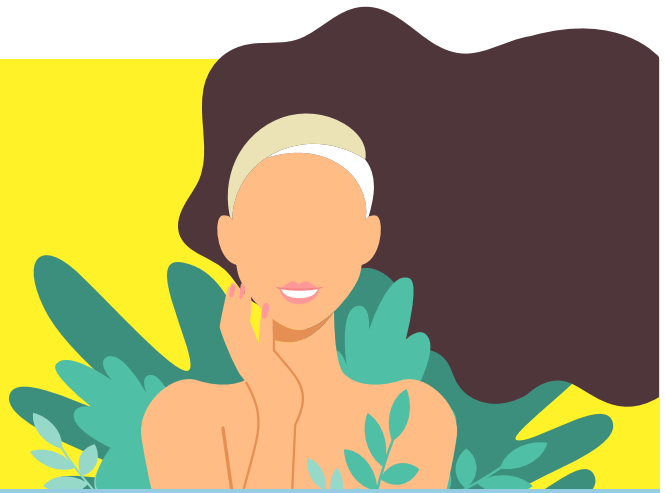
*Kordel's Black Hair Melatine® is a blend of several active ingredients that comprises of substances that is not homogenous in color. This results in white specks that could be seen in each of the capsules which is perfectly normal.

**Clinical study involving 35 healthy subjects of both women and men with salted peppered hair, using Melatine®.

Disclaimer: The information presented in this newsletter is intended for educational purposes only. It is not meant to replace diagnosis or treatment for a medical condition. Please consult a healthcare professional for further information. This newsletter is for private circulation only.

FUN FACT, GREAT TIPS!

The skin is the body's largest organ, with a total area of about 20 square feet. It is the first line of defence against external aggressors, from wear and tear to infections and chemicals, to sun exposure. Yet many people do not give their skin enough attention. Healthy skin starts from the inside, and with these skin supplements from Kordel's, your skin will look healthy, glowing and youthful in no time!



SAKURA EXTRACT 150 mg

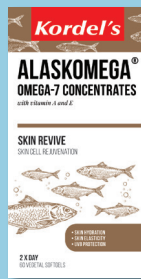
Unveiling the secret to firmer, fairer skin.



- Fights glycation, a process that glucose weakens and breaks down our collagen and elastin fibers.
- Boosts body's own collagen production.
- Brightens and manages hyperpigmentation for better appearance of fairer and clearer skin.

ALASKOMEGA® OMEGA-7

Supporting skin health with Essential Fatty Acids (EFAs).



- Speeds up wound healing.
- Increases skin hydration and skin elasticity.
- Soothes and shields skin from UVB.

CERAMIDE

Protecting your healthy skin from within.



- Clinically found to be one of the most potent ceramides with superior hydrating effect.
- Rebuilds skin barrier.
- Soothes dry skin and redness.



STAND A CHANCE TO WIN!

Kordel's Oral fresh is an oral health supplement that has the ability to reduce bad breath in just 10 mins. It can effectively kill odour-causing bacteria and give 2 hours of fresh breath after single ingestion.

Question:

Kordel's Oral Fresh has the ability to reduce bad breath in just 10 mins. True or False?

20 lucky winners stand a chance to win a packet of Oral Fresh 10s oral health supplement. (worth \$19.90)



Scan this QR code or [click here](#) to participate in this contest. *standard terms and conditions applies

ORDER ONLINE OR PURCHASE IN STORES

Now available at our online stores and:

