

# QUALITY

LIFE STARTS WITH QUALITY CARE

**FEATURING: EAST MEETS WEST! • WELCOME BACK! YOU LOOK GOOD! • GO FOR GOLD!**

## GEAR UP! GET SET, RACE!

Essential supplements for all runners.



**T**raining harder and joining more races after two long years? To enhance performance in a bid to ensure the body is able to perform better and more efficiently, the body should first be primed to an optimal condition.

For modern athletes who leads a fast-paced lifestyle, it takes even more effort to stay conscious about nutritional intake and plans in the process of building a strong base. Kordel's offers an extensive range of health supplements, here's some must-have combos for all runners!

### ENERGY, HEART AND IMMUNITY PACK

Research have shown very positive effects when Vitamin Bs are combined with Omega-3 for good heart health plus athletes pushes their bodies to peak their performance,



our Kordel's B Complex + C is vital for the energy boost and a great antioxidant that offers amazing immune support. Fish oil (Omega-3 fatty acids) also has a wide range of benefits that includes reducing exercise-induced muscle damage, inflammation of cartilages and delayed-onset of muscle soreness (DOMS). In rTG form, Kordel's rTG Omega 3 + Vitamin D promotes faster absorption, resulting in an increase of omega-3 in the body, ideal for runners especially when it comes to recovery and endurance performance.

### MUSCLE HEALTH & RECOVERY PACK

Be stronger to cope with all your upcoming marathons! Engagement in sports generates more free radicals that often results in muscle stress and inflammation. Kordel's uses AstaReal® Astaxanthin, one of nature's most powerful antioxidants, clinically proven to alleviate sore joints and muscles, and reduce lactic acid. It also enhances muscle endurance, prevents muscle loss and protects muscle cells from damage.



Combined with Kordel's Magnesium Bisglycinate, it is the best form for our body to absorb, gentle on the stomach and it plays a huge role to promote strong bones and reduce episodes of muscle cramps and spasms after any activities. It helps the body to relax and helps you to sleep better.

### BACK TO BASIC ESSENTIAL PACK

Strong heart keeps the driving force in all endurance sports. Reinforce with Kordel's Kaneka™ Ubiquinol Active CoQ10, which is absorbed and used by the body directly to power up every cell to optimize performance. Pairing up with Kordel's Superfood Multi, giving you more than 55 essential nutrients derived from food, fruits and vegetables to support the high nutritional demands of your training needs.



**You can always Move Faster, Younger and Naturally with Kordel's!**

# EAST MEETS WEST!



**T**raditional herbs for endurance athletes are on a rising trend – what is available on the market and just how beneficial or effective are these traditional herbs infused with western science are, in boosting health or improving performance?

Exercise is a physical stress that is both positive and negative, the body gradually adapts by increasing muscle mass and optimizing metabolism, if not muscle soreness and declines in performance may kick in. These traditional herbs are gaining popularity in recent years due to their ability to reduce the harmful effects like fatigue, wear and tear from training, and helps rapidly increase body's performance capacity.



## Kordel's pick on combining the best of Ancient herbs and Western science.

### RECHARGE AND REJUVENATE

Ensuring a healthy immune function, respiratory health and circulatory system is key to peak performance.

The Kordel's Cordyceps + French OPCs is a potent formulation that helps:

- Maintain optimal health and especially beneficial to the kidneys and lungs.
- Lessen fatigue and improving respiratory function, vitality and cardiovascular function.
- Regulates healthy blood pressure and protects the body against free radicals.

### TOXIN CLEANSER

Feel revitalized with Kordel's Detox Cleanse Aloe Vera + Prebiotics, a seamless way to enhance detoxification



gently yet effectively. Benefits of products includes:

- Eliminate toxins accumulated in the body and regulating bowel movements.
- Improves energy levels, feel better and feel fighter.
- Stimulate good bacteria growth in the intestine that helps nourish the digestive system.

### HEALTH BOOSTER

A powerful duo that exerts restorative, tonifying or nourishing effects to boost immunity and strengthen our body!

- Boosts "Yuan Qi", improves oxygen circulation and fights fatigue and stress.

- Encourage swift recovery, improving blood flow and nutrient delivery to the whole body.

- Possess powerful antioxidants to strengthen immune responses.



# WELCOME BACK! YOU LOOK GOOD!

Get back to work and attend all your social gathering with confidence! Kordel's three leading supplements great for your oral health, black hair and immunity will bring you back looking and smelling greater than ever!



2 CAPSULES  
A DAY FOR 4  
MONTHS FOR  
BEST RESULTS

## BLACK IS STILL THE NEW BLACK!

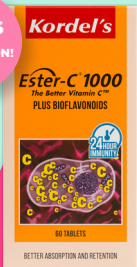
Grey shades of hair can make one look and feel older and affect one's self confidence. Regular color treatments can be a hassle and causes great damages to the hair and scalp. Restore the pigment in your hair naturally with Kordel's Black Hair Melatine<sup>®\*\*</sup>, a patented and all-natural oral supplement to rejuvenate the hair follicles. With Biotin and other nutrients, Kordel's Black Hair Melatine<sup>®</sup> helps strengthen, promote and maintain healthy, lush and dark hair!



Research has shown that regular consumption of Melatine<sup>®</sup> can prevent premature greying.\*

- 94% of subjects generally liked the product.
- 87% found their hair more colorful.
- 84% want to continue using the product.

24HRS  
IMMUNE  
PROTECTION!



## KEEP YOUR IMMUNITY STRONG WITH **KING OF VITAMIN C**

## EVERY DAY IS FRESH BREATH DAY!

We are all excited to get back to our offices, meeting people, gatherings and get back to our social lives! Speak with confidence with fresh breath and good oral health at all times!



2 HOURS OF  
FRESH BREATH.  
JUST SUCK 1  
TABLET!

Kordel's Oral Fresh, an oral health supplement fully imported from Japan, formulated with Lactoferrin (LF) and Lactoperoxidase (LPO), known to stimulate powerful anti-bacterial and anti-microbial activity against bad oral bacteria, fights off bad breath and restore a healthy balance in the mouth.

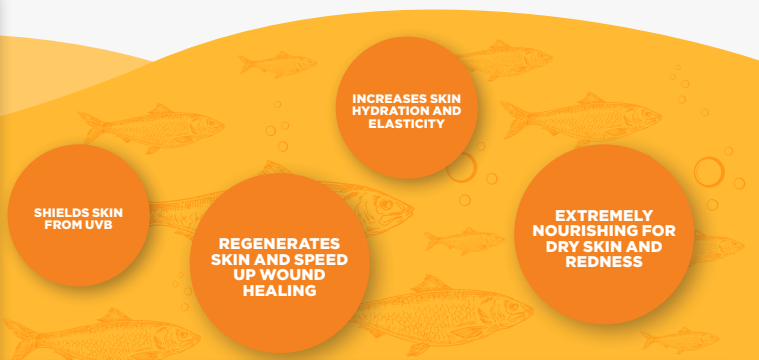
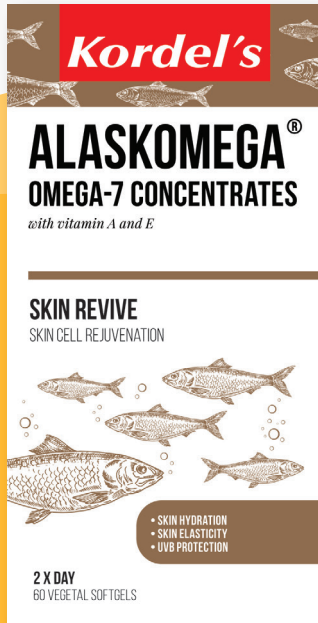
- Quick to treat - Reduces bad breath in just 10 mins.
- Lasting effect - Keeps bad breath away for 2 hours.
- Strong protection - Defence against bad oral bacteria that causes gum infections.
- Big benefits - Only kills bad oral bacteria and keeping good oral health.

\*\*Clinical study involving 35 healthy subjects of both women and men with salted peppered hair, using Melatine<sup>®</sup>.

\*\*Kordel's Black Hair Melatine<sup>®</sup> is a blend of several active ingredients that comprises of substances that are not homogenous in colour. This results in white specks that could be seen in each of the capsules which is perfectly normal.

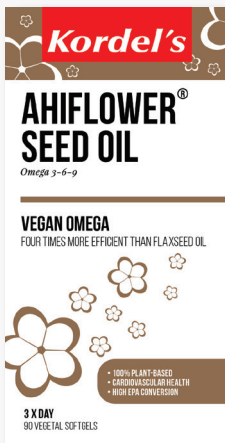
# GO FOR GOLD!

Rediscover our premium collection, the Kordel's Gold Series now in brand new packaging! New look but enjoy the same great health benefits!



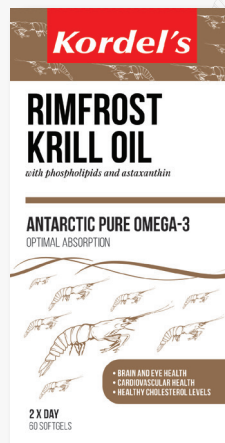
**THE ULTIMATE GOLD COLLECTION:  
ALASKOMEGA® OMEGA-7 CONCENTRATES**  
Contains extremely nourishing fatty acids for good skin health.

- Supports fat metabolism and healthy cholesterol levels.
- Sourced from sustainably harvested wild-caught Alaskan Pollock, which delivers up to seven times more Omega-7.



**AHIFLOWER®  
SEED OIL**  
100% plant-based omega  
3-6-9 fatty acids.

- Better than flax. Not from fish®.
- Converts up to four times more omega-3 EPA than flaxseed oil in the body.
- Optimal plant-derived omega-3-6-9 ratio for optimal wellness.
- Suitable for Vegans and Vegetarians



**RIMFROST KRILL OIL  
500 mg**  
Unique health-promoting  
phospholipids-bound omega-3.

- Supports brain, eye, cardiovascular and general well-being.
- Improves absorption of omega-3 with its water and fat-soluble phospholipids.
- Higher levels of astaxanthin, a natural occurring antioxidant.
- Sourced from sustainable, nutrient-rich Antarctic Krill.

**ORDER ONLINE OR PURCHASE IN STORES**

Now available at our online stores and:

